



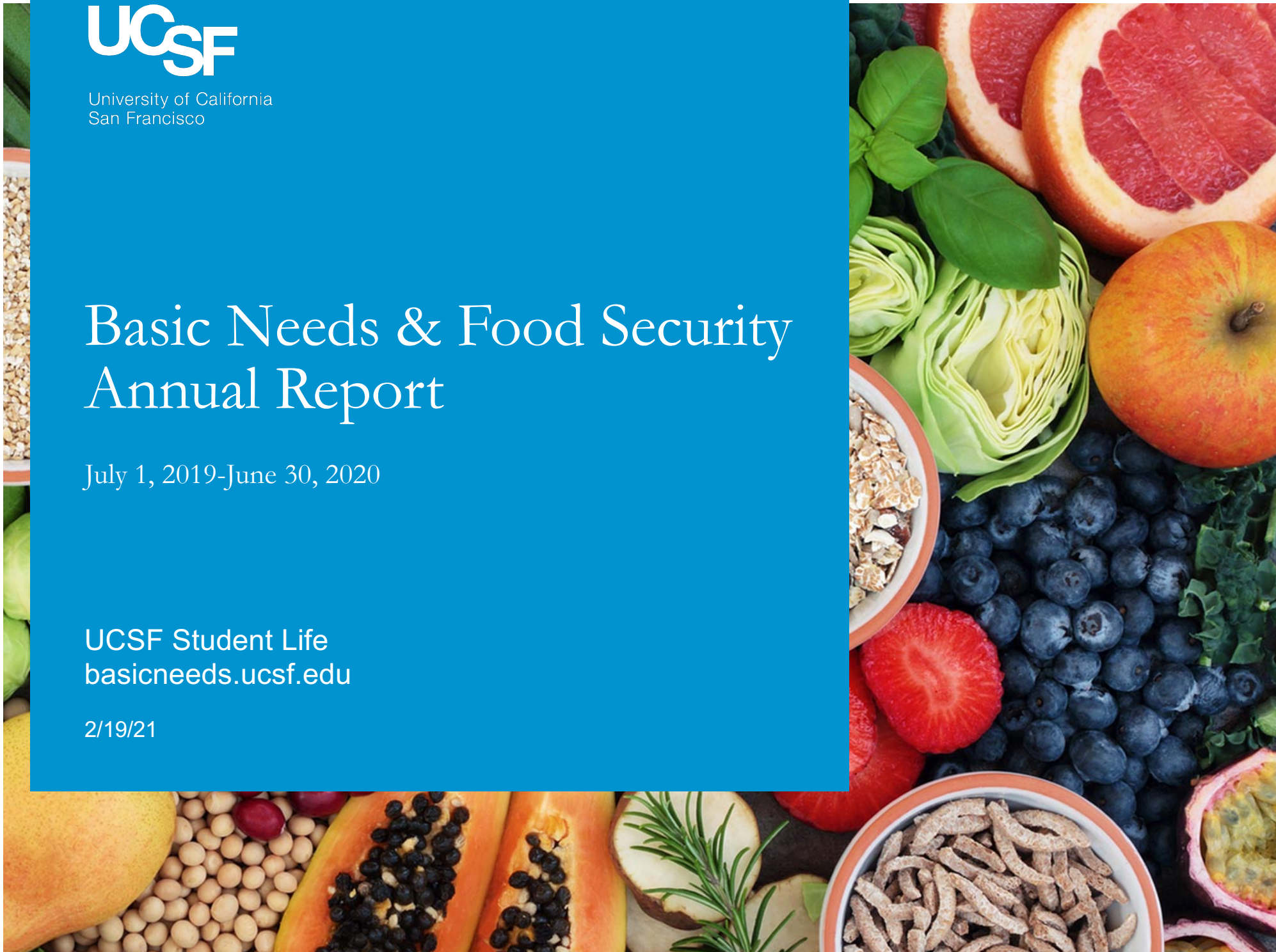
University of California  
San Francisco

# Basic Needs & Food Security Annual Report

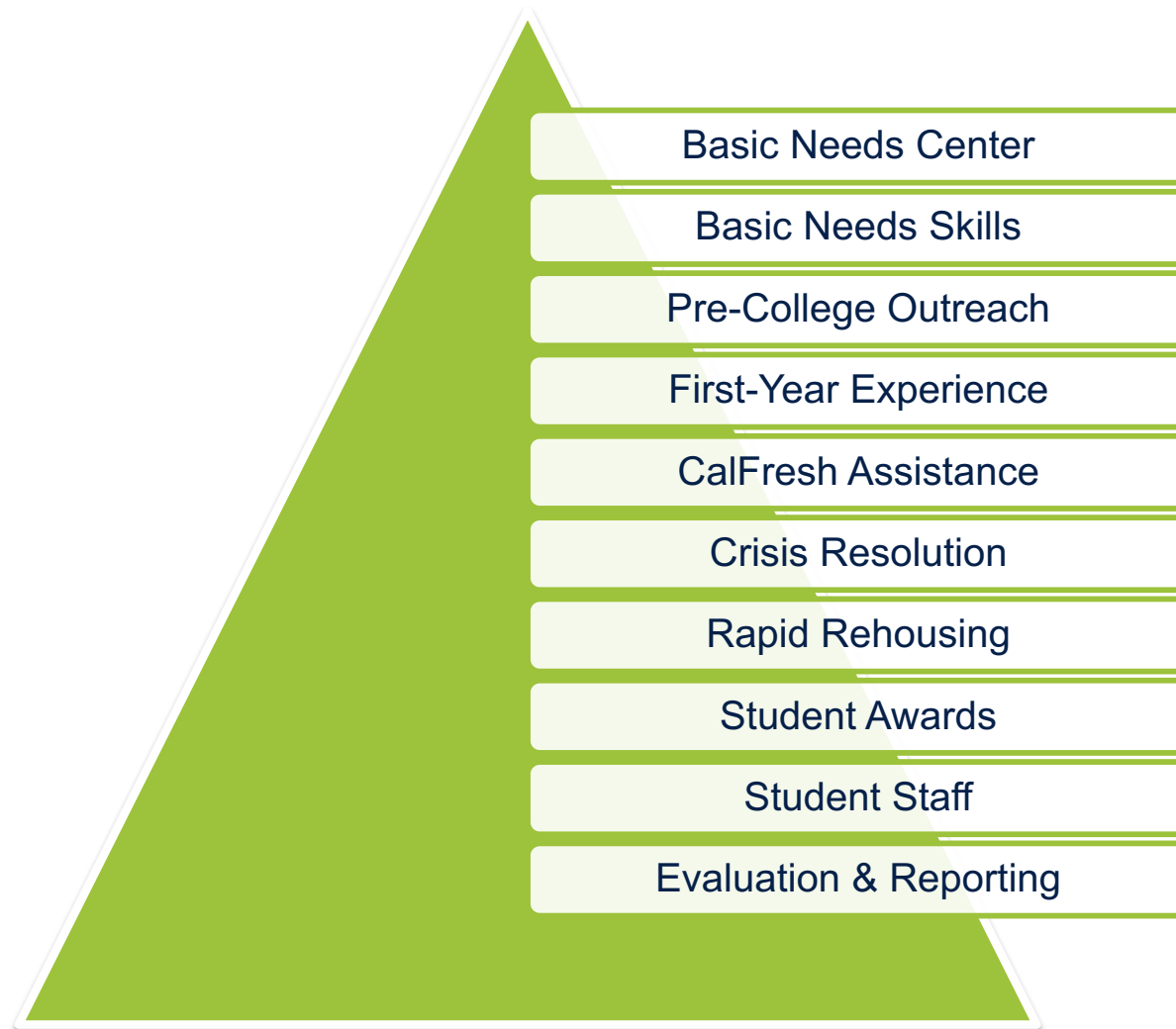
July 1, 2019-June 30, 2020

UCSF Student Life  
[basicneeds.ucsf.edu](https://basicneeds.ucsf.edu)

2/19/21

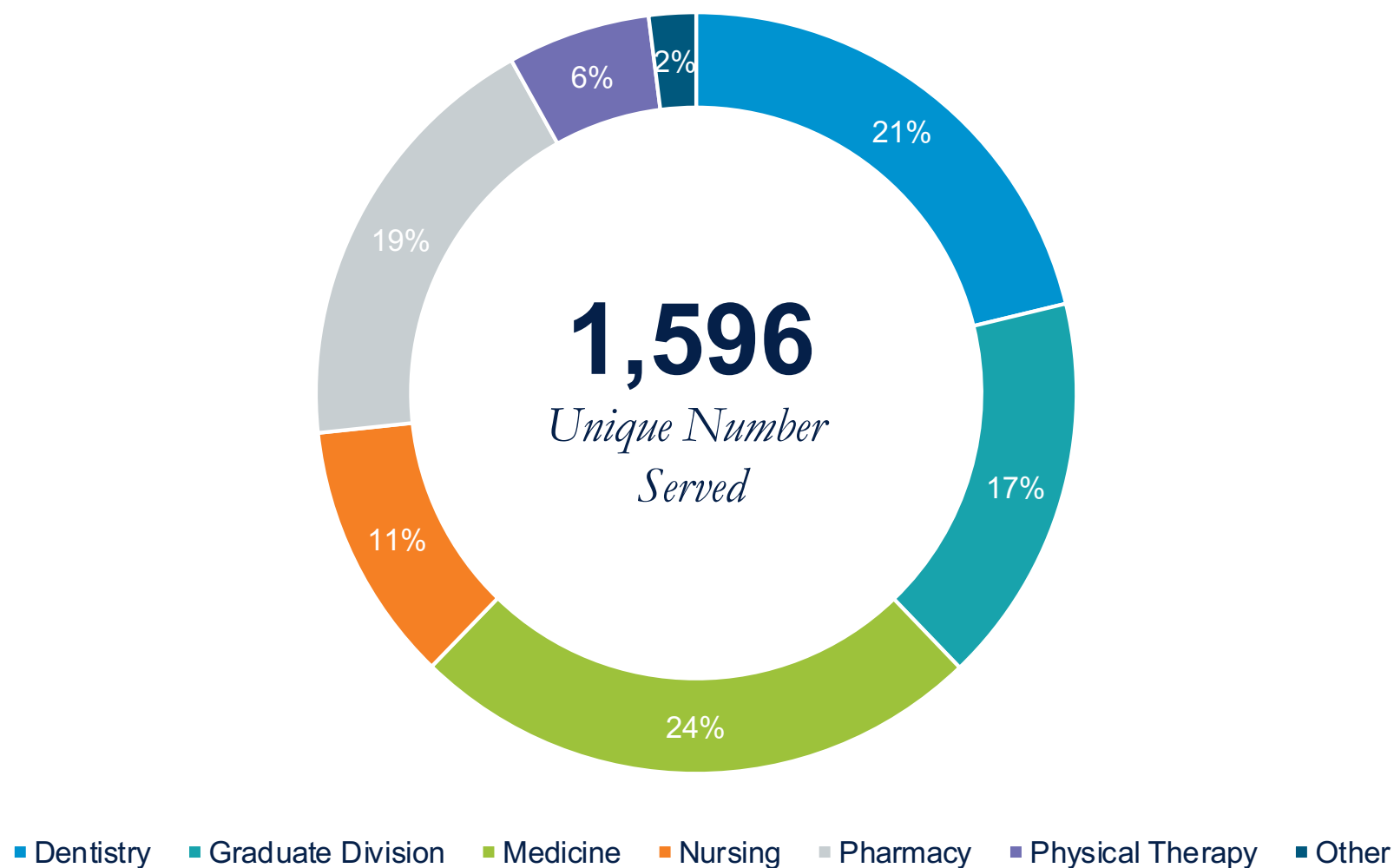


# Program Areas



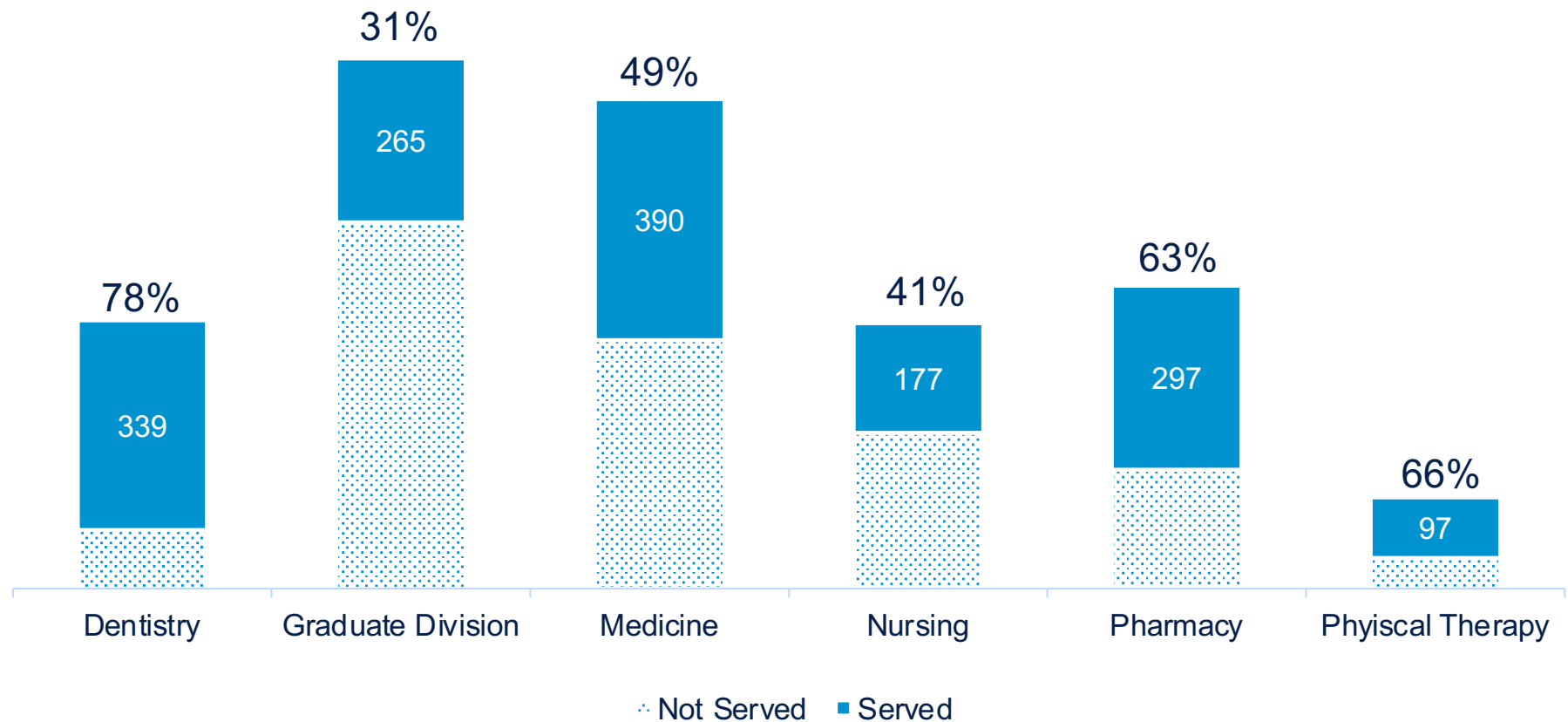
# Student Summary

*Unique Number Served through Basic Needs Programs*



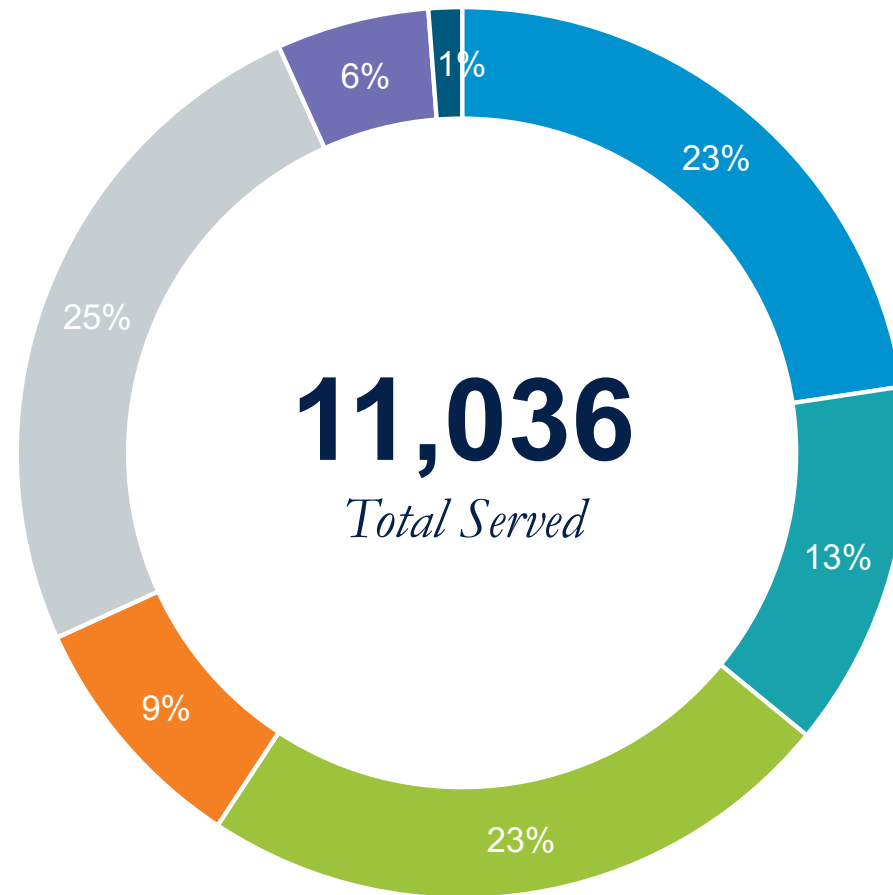
# Student Summary

*Unique Number of Students Served per Academic Program*



# Student Summary

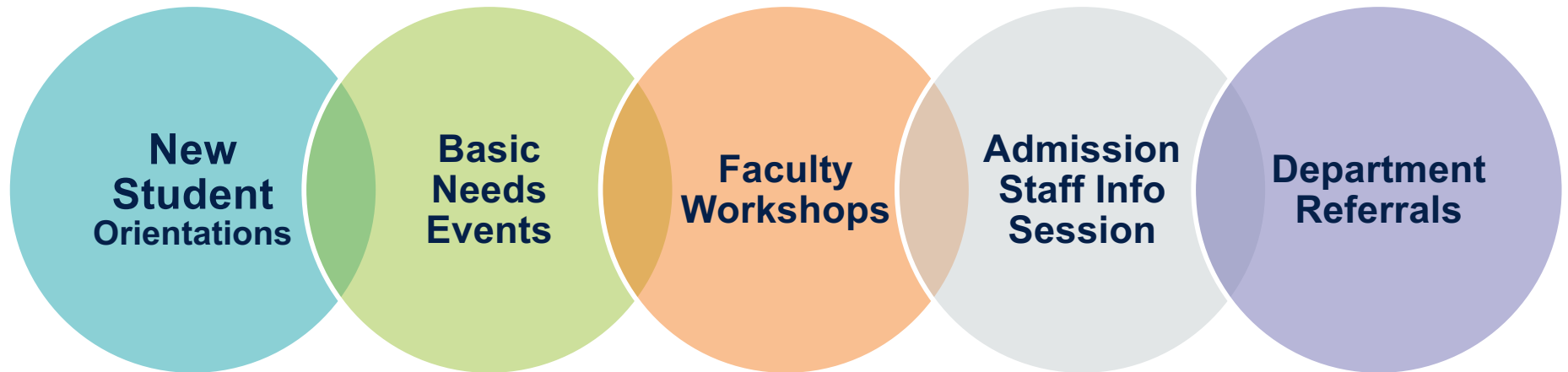
*Total Number Served through Basic Needs Programs*



■ Dentistry ■ Graduate Division ■ Medicine ■ Nursing ■ Pharmacy ■ Physical Therapy ■ Other

NOTE: In demographic breakdown, students served at the Student Food Markets counted only once per location and excludes County CalFresh Workshop; however, grand total number of students served counts each student visit to the Student Food Market.

# Outreach Efforts



# Outreach Collaborations



## Early Academic Outreach Program

4 events  
308 students  
\$6,000



## Student Registered Campus Organizations

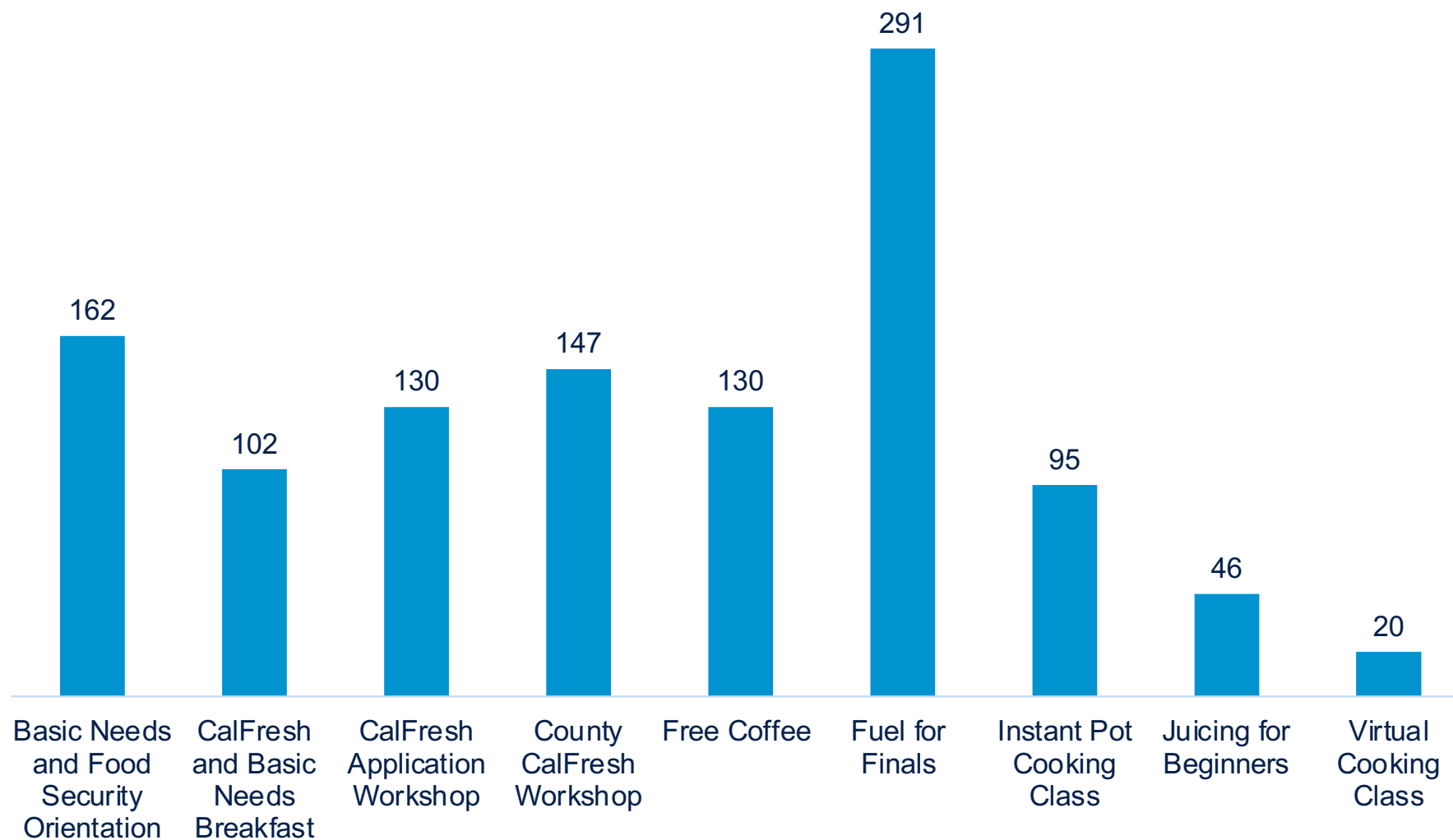
5 events  
239 students  
\$1,700



## Department of Physical Therapy

1 event  
200 students  
\$1,500

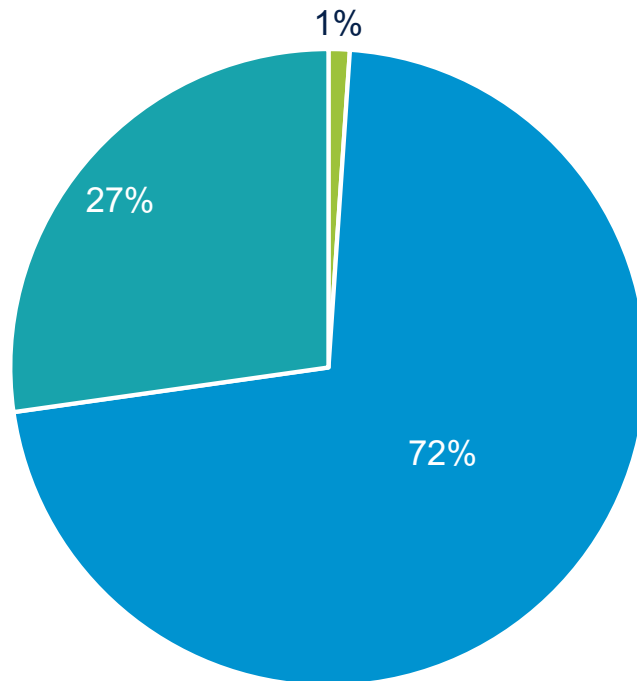
# Event Attendance





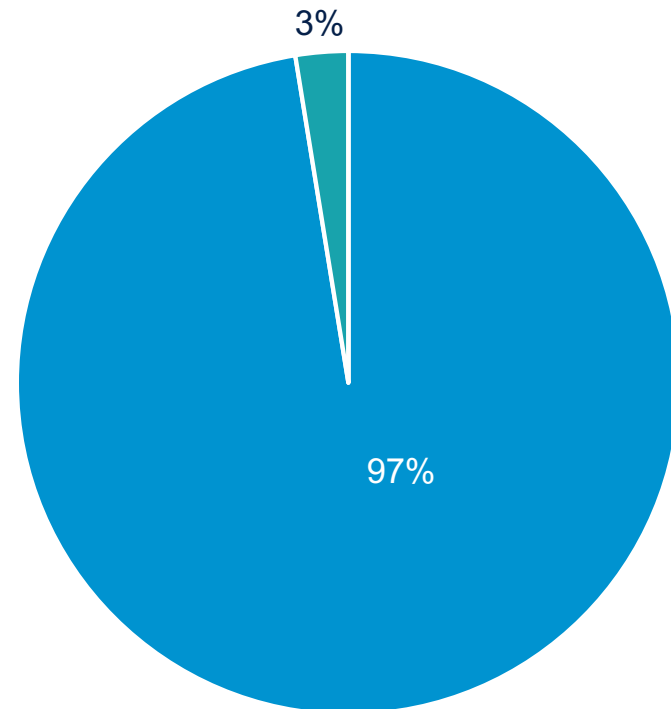
# Event Evaluations $n=281$

## Expectations



- Did not meet expectations
- Exceeded expectations
- Met expectations

## Recommendation



- Yes
- Maybe
- No



# Event Evaluations

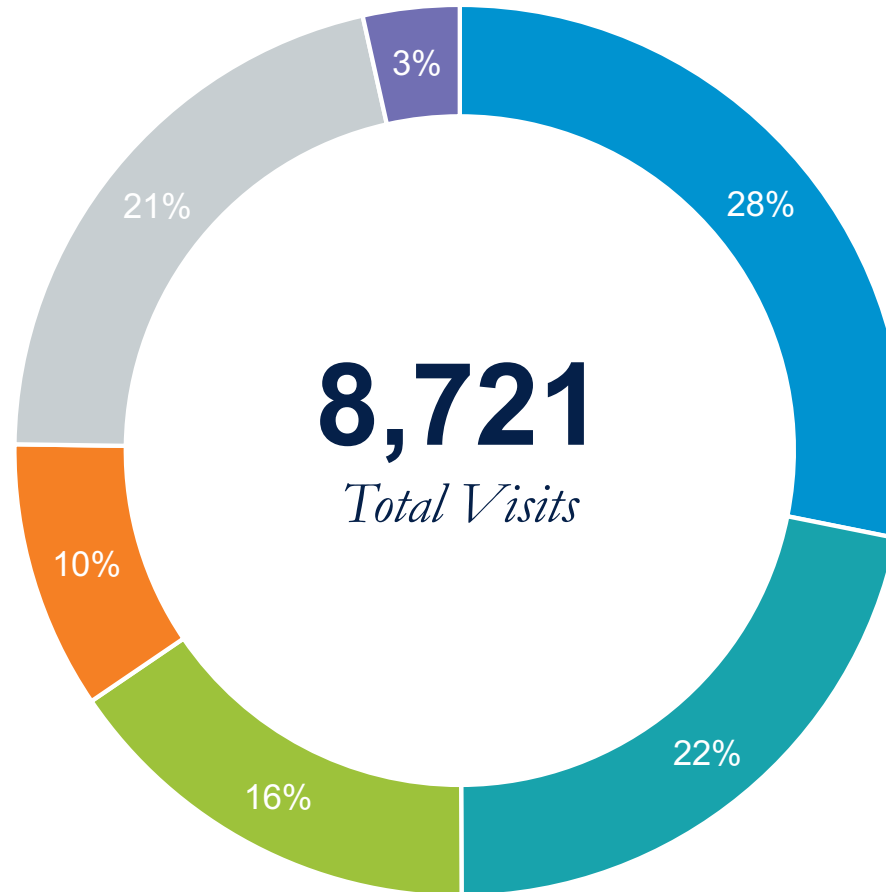
## *Areas of Strengths*

- This [**Basic Needs & Food Security Orientation**] was excellent! I loved how interactive it was. The event held my attention and I felt I could come to the presenter's office at any time and feel safe. The only way the event could be better is more peripheral vision to the sides of the classroom for jamba juice ;)
- The [**Instant Pot Cooking Class**] coordinator was so energetic, the chefs were instructive, the food was delicious and healthy.
- I loved that the meal was catered to student lifestyle (leftovers, healthy) and that they gave great tips about the ingredients and how to cut them [during the **Virtual Cooking Class**]!

## *Areas for Improvement*

- It was unclear how PhD students could benefit from the resources [shared during the **Basic Needs & Food Security Orientation**]. It seems like PhD students are ineligible for most of the basic needs so it would have been helpful for a separate session or more information specifically for PhD students.
- Instead of letting the students leave right after getting the food and swag, they should have a [**Basic Needs & Food Security Orientation**] presentation/discussion time where they can interact with the people who made the event happen! It will make us more appreciative of the work you have done :)
- I feel very well prepared to apply to CalFresh and my only piece of constructive criticism is that if it weren't for word of mouth from my classmates I wouldn't have known about the workshop. A more widespread announcement of the [**CalFresh Application Workshop**] may help more UCSF students!

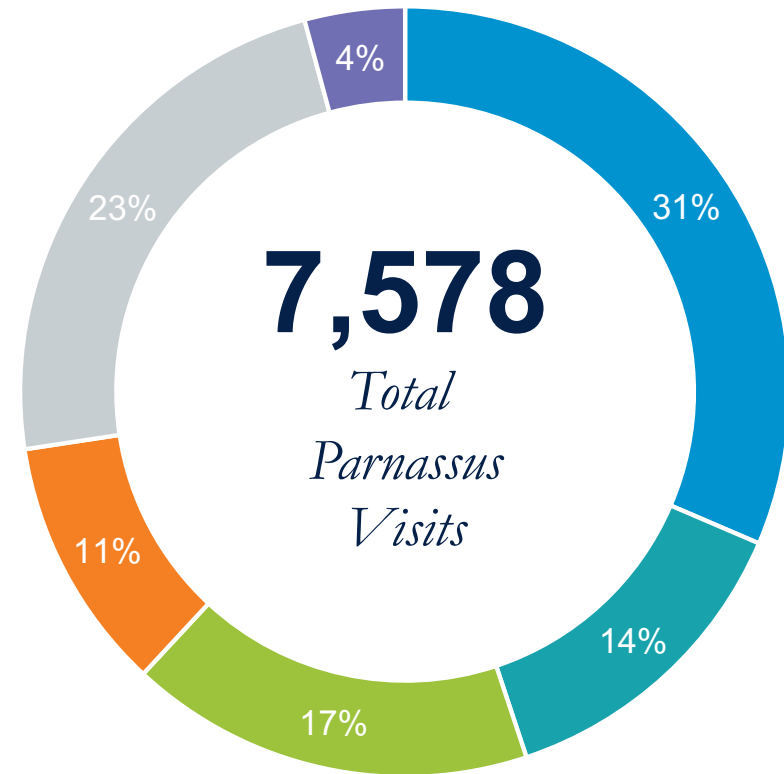
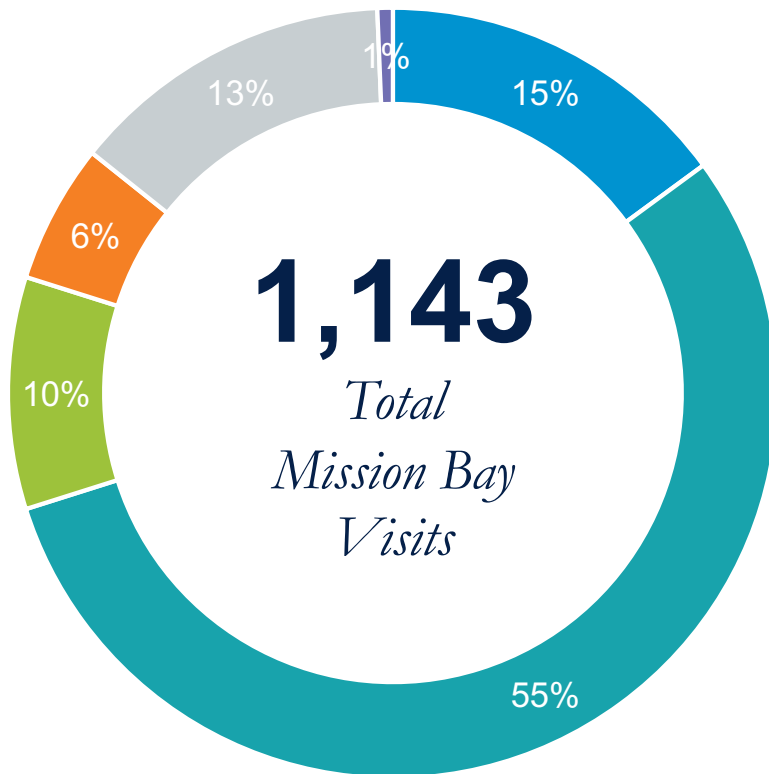
# Student Food Market



■ Dentistry ■ Graduate Division ■ Medicine ■ Nursing ■ Pharmacy ■ Physical Therapy

NOTE: In demographic breakdown, students served at the Student Food Markets counted only once per location; however, grand total number of visits counts each student visit to the Student Food Market.

# Student Food Market

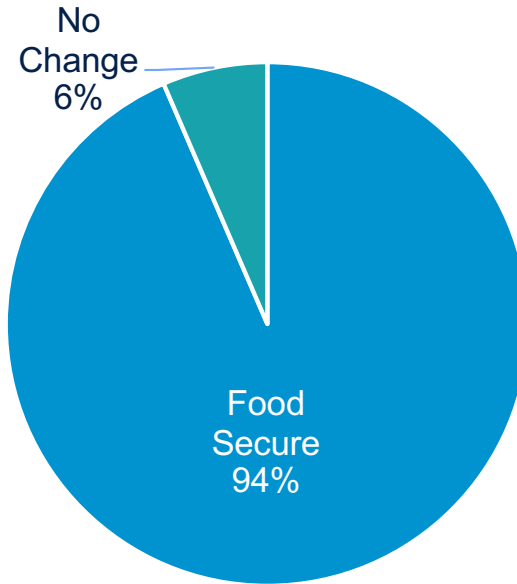


■ Dentistry ■ Graduate Division ■ Medicine ■ Nursing ■ Pharmacy ■ Physical Therapy

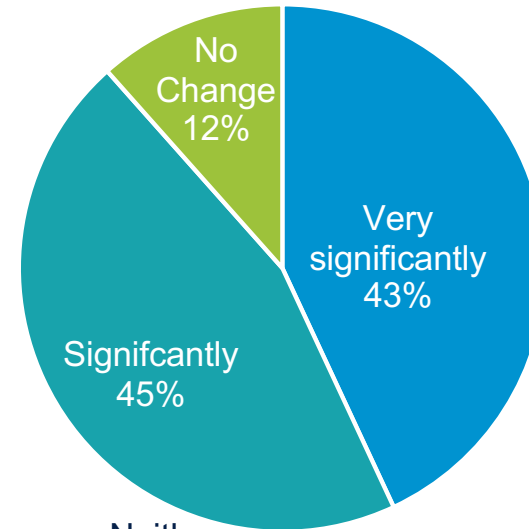
NOTE: In demographic breakdown, students served at the Student Food Markets counted only once per location; however, grand total number of visits counts each student visit to the Student Food Market.

# Student Food Market Evaluations $n=231$

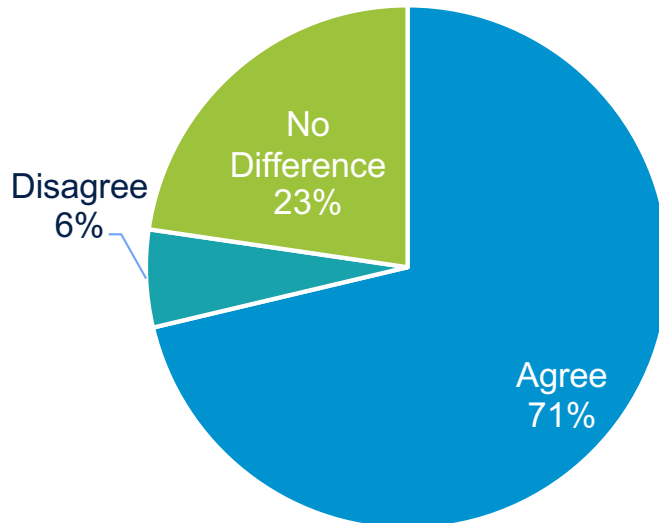
After utilizing the Student Food Market, I am:



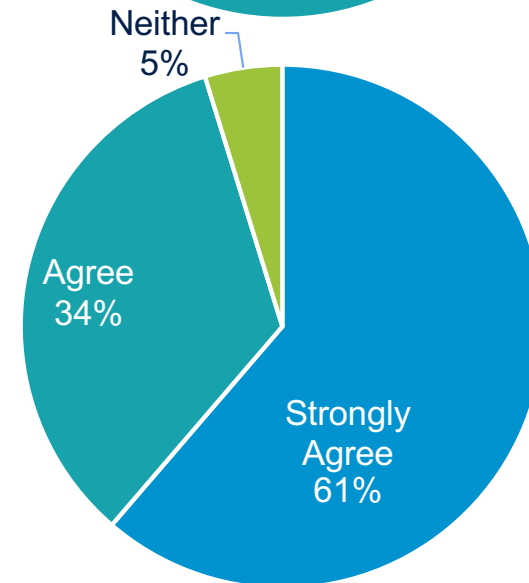
The Student Food Market has reduced my stress level for food access.



Since utilizing the Student Food Market, I have been eating healthier.

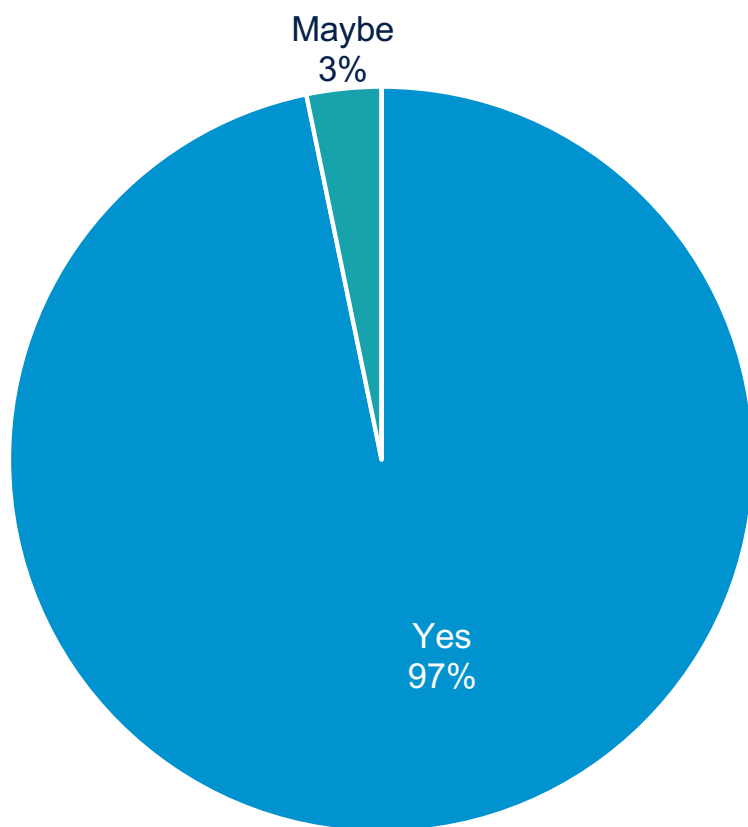


Since utilizing the Student Food Market, I have not been hungry.

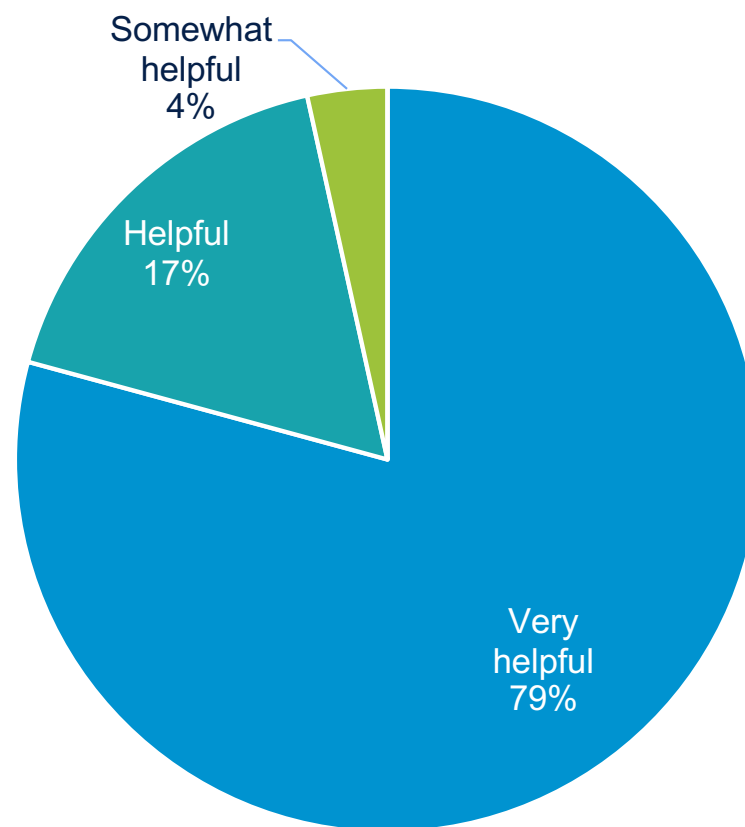


# Student Food Market Evaluations $n=231$

Would you recommend the  
Student Food Market?

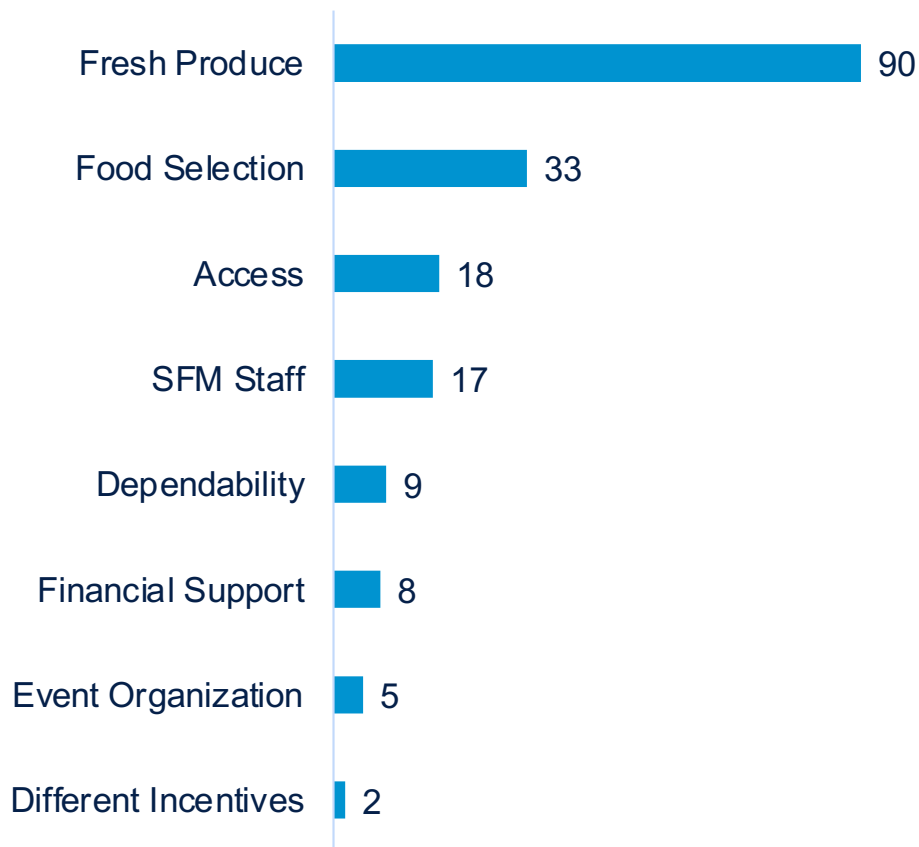


I have found the Student Food  
Market to be:

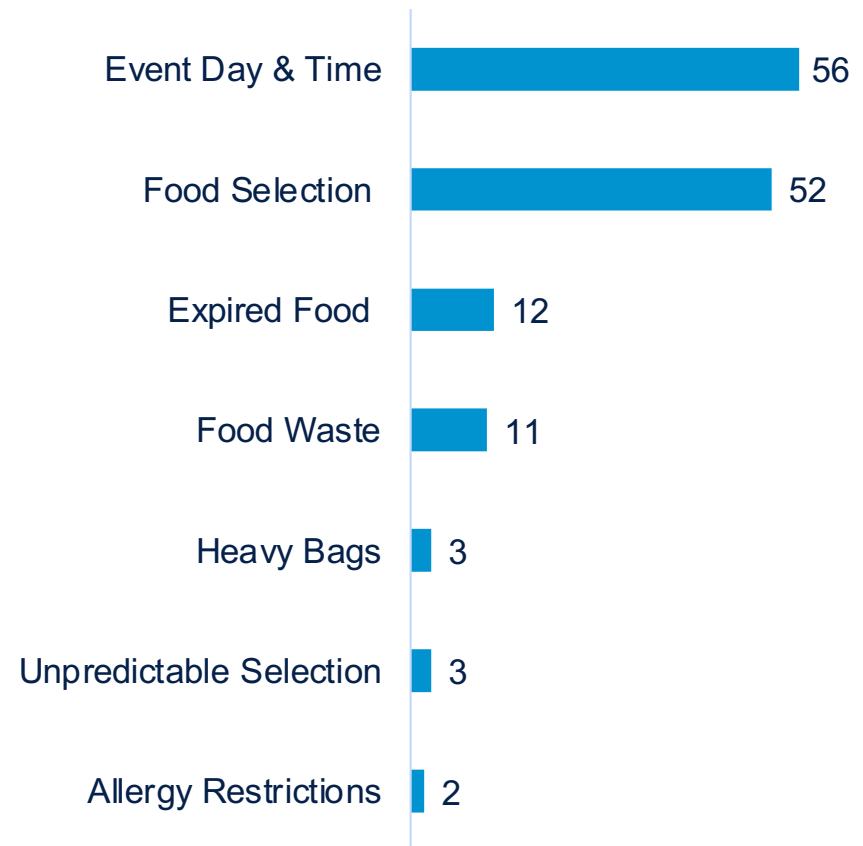


# Student Food Market Evaluations $n=231$

## *Areas of Strengths*



## *Areas for Improvement*





# Student Food Market Evaluations

## *Areas of Strengths*

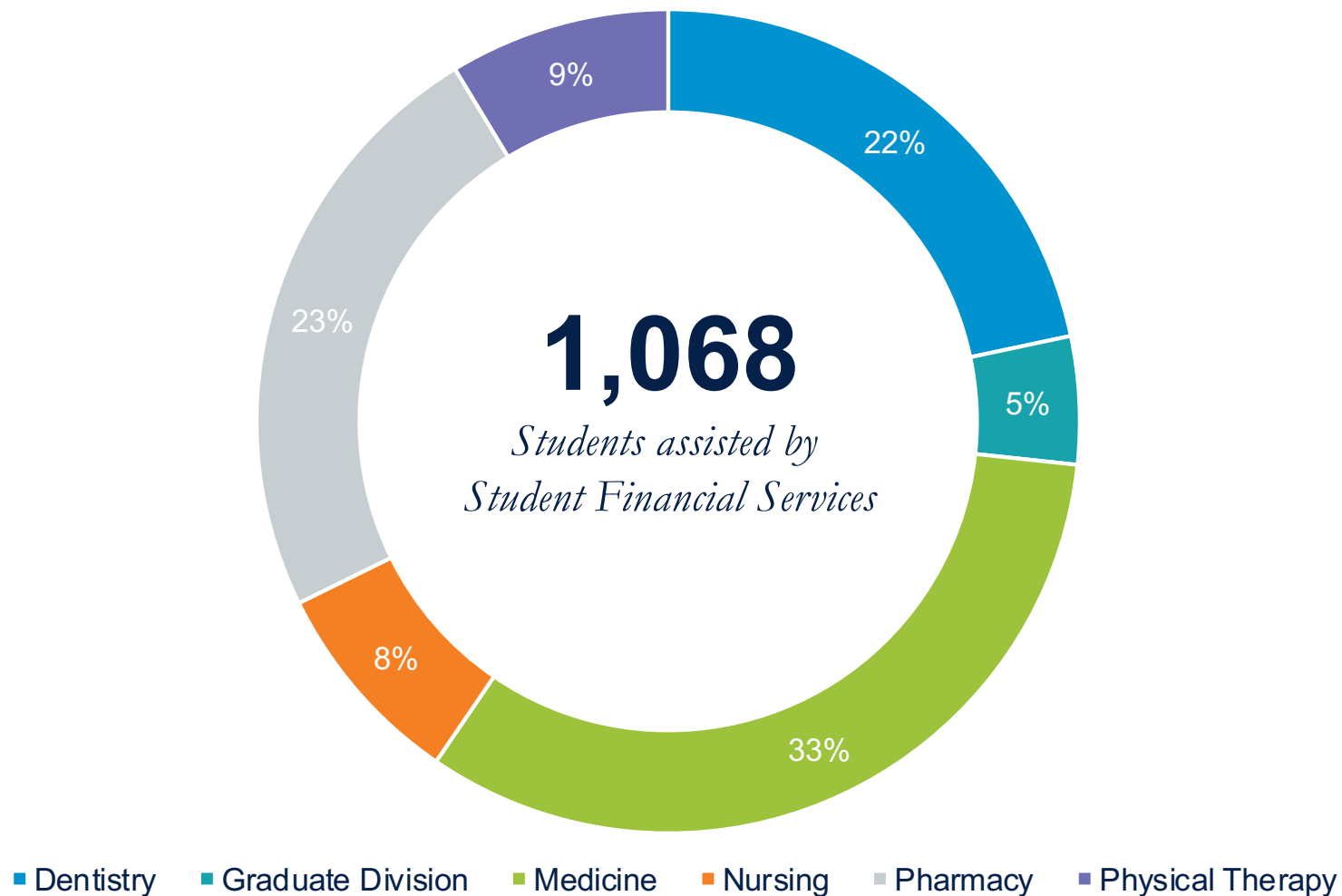
- I like the comfort of knowing that I will have a mix of produce and snacks available to me every other week without having to stress about it.
- There's so much I love about the SFM! The staff and volunteers are SO kind and always brighten my afternoon when I go in. I love that I can get fresh, versatile ingredient staples regularly, especially in this time where it can be hard to find items in the grocery store for a good price.
- The fresh produce that allows me to cook healthier meals throughout the week. Also having supplying me with toilet paper and hand sanitizer I would otherwise not be able to get during the pandemic- because these items have been sold out everywhere.

## *Areas for Improvement*

- Prior to the Mission Bay location, it was sometimes inconvenient to obtain the food, but that has ceased to be an issue now.
- The window to pick up is very small. It's only on Thursday 4-6 so a lot of students can't go. There is Friday pick-up but it fills up very very quickly.
- I am totally grateful for everything the SFM gives me, but there are some items I feel bad about receiving because I will not eat them. Fortunately the SFM now asks which items we do not want.

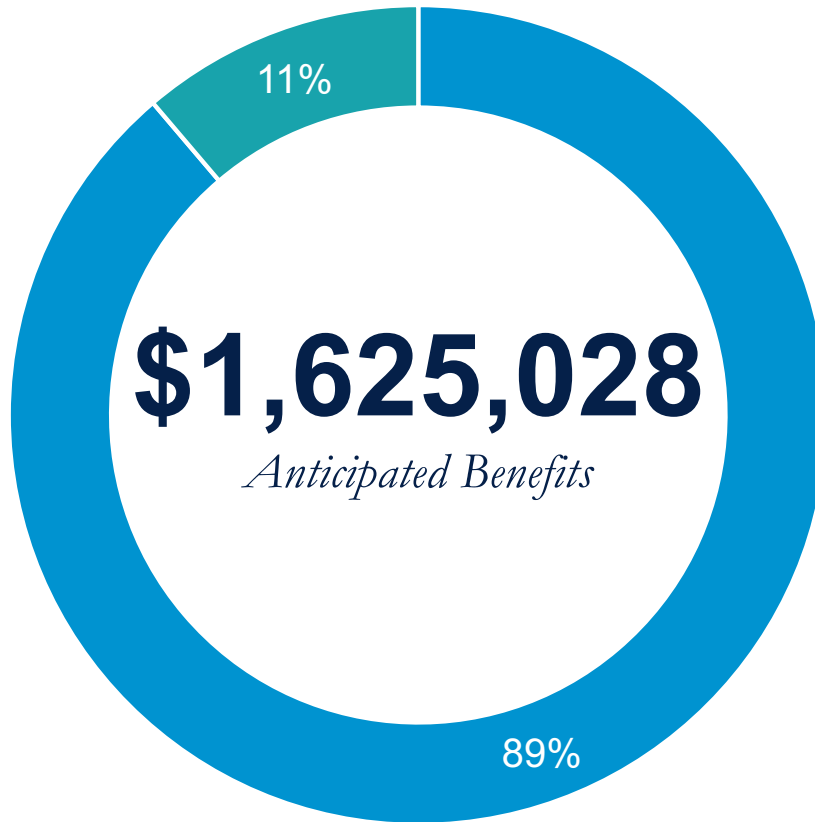


# CalFresh Applications



# CalFresh Applications

*Application statistics for San Francisco County*



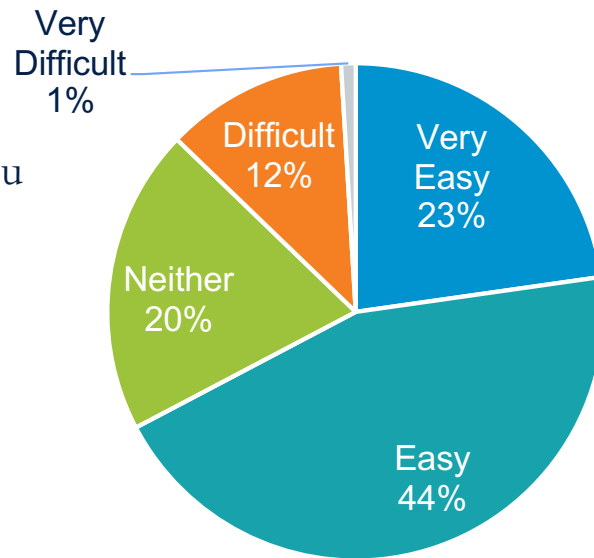
■ Approved ■ Denied



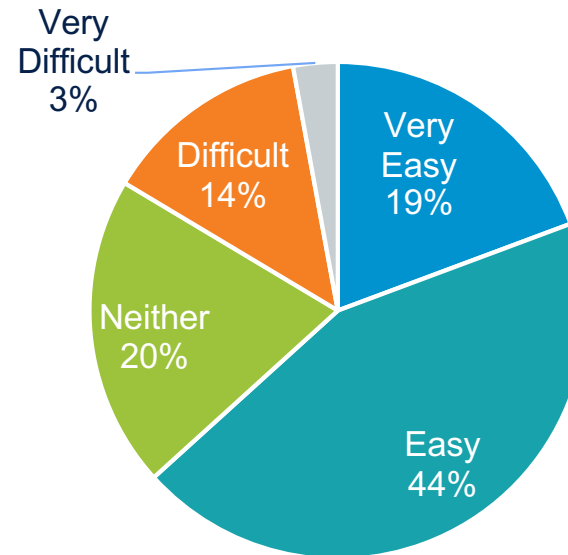
■ New ■ Renewal ■ Re-Certification

# CalFresh Applications Evaluations $n=417$

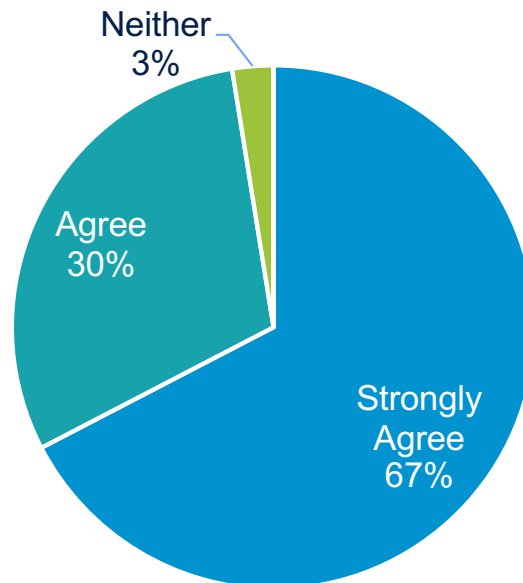
How would you rate your experience applying for CalFresh?



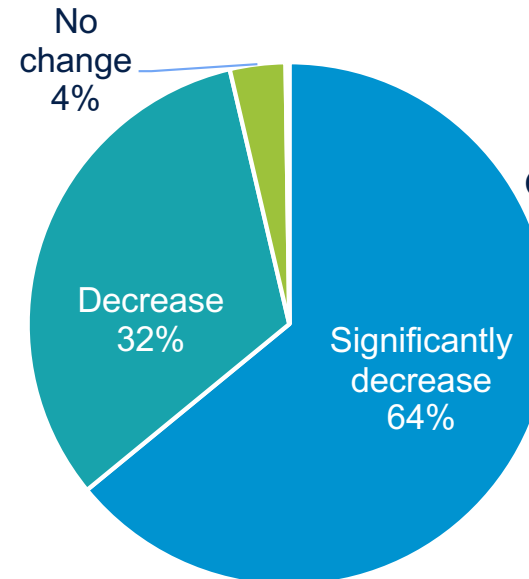
How would you rate your experience renewing CalFresh?



Since utilizing CalFresh, I have had access to food when I needed it.

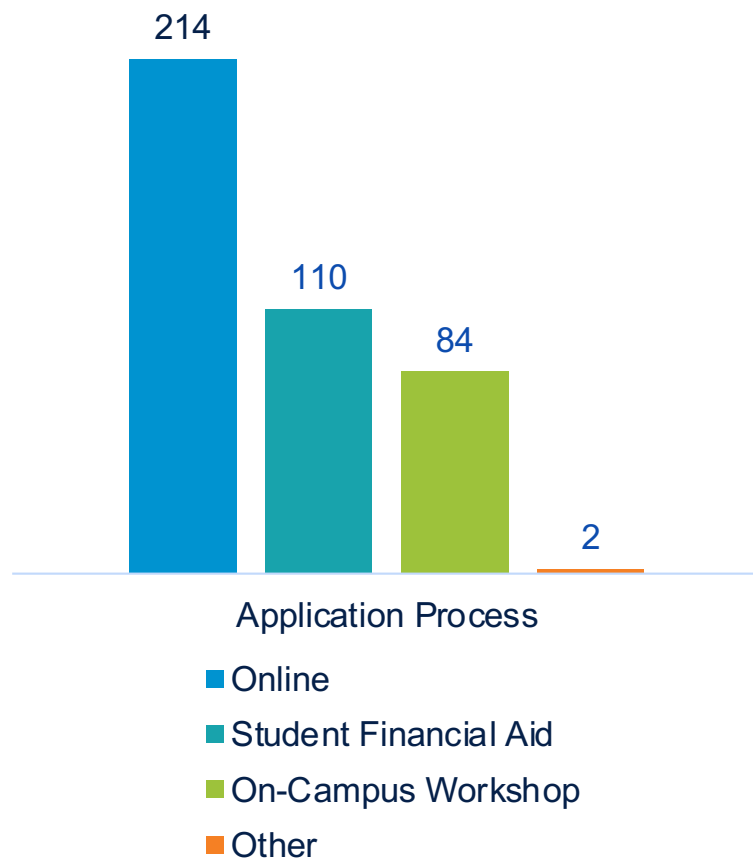


CalFresh has caused my food security stress level to:

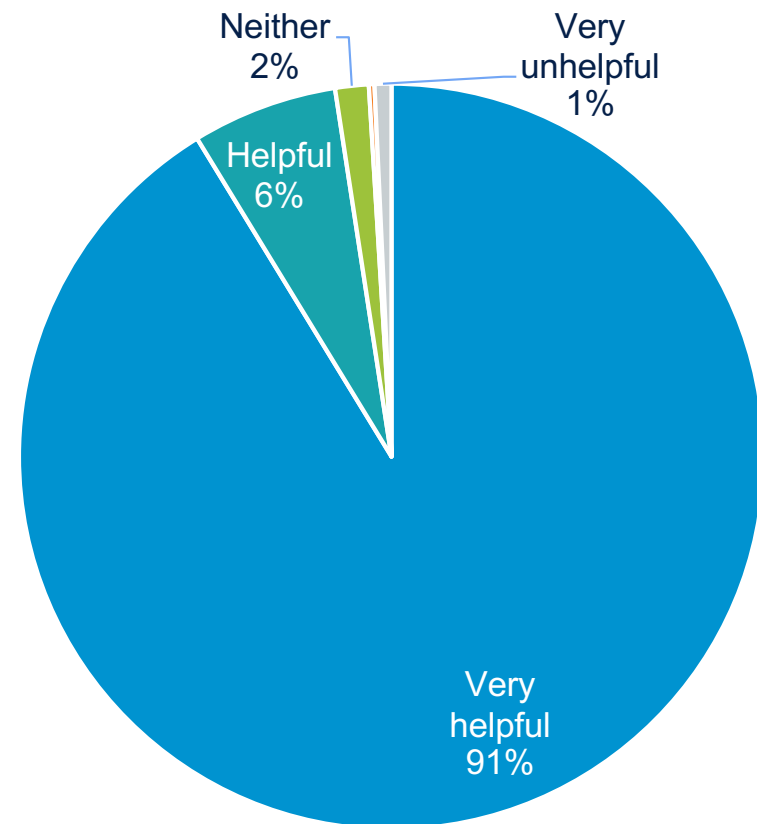


# CalFresh Applications Evaluations $n=417$

How did you apply for or renew CalFresh while at UCSF?



Using CalFresh has been:





# CalFresh Evaluations

## *Areas of Strengths*

- A huge help on my monthly budget and student loans. Also, food security has a big positive impact on my physical and mental health.
- I feel less restricted in purchasing more fresh produce because I can now go to the grocery store more frequently to purchase fresh items (instead of frozen items for fewer grocery runs). I also feel I can choose nutritious foods and buy more fruits.
- I have been able to repay a (small) portion of my student loans quickly due to having CalFresh.

## *Areas for Improvement*

- More workshops available to walk me through the process. Most of the workshops were conducted when I was in class, so I was unable to attend.
- It's challenging working with the CalFresh agency. Its nice to have help from UCSF, but they were not as familiar with Alameda county CalFresh.
- Difficulty was with the county. Everything UCSF did was very helpful-[the Student Financial Services] office was very prompt in sending all the materials I needed to renew.

# Student Awards



## Basic Needs Awards

\$20,000  
\$250 to \$4,000  
26 students



## Grocery Gift Cards

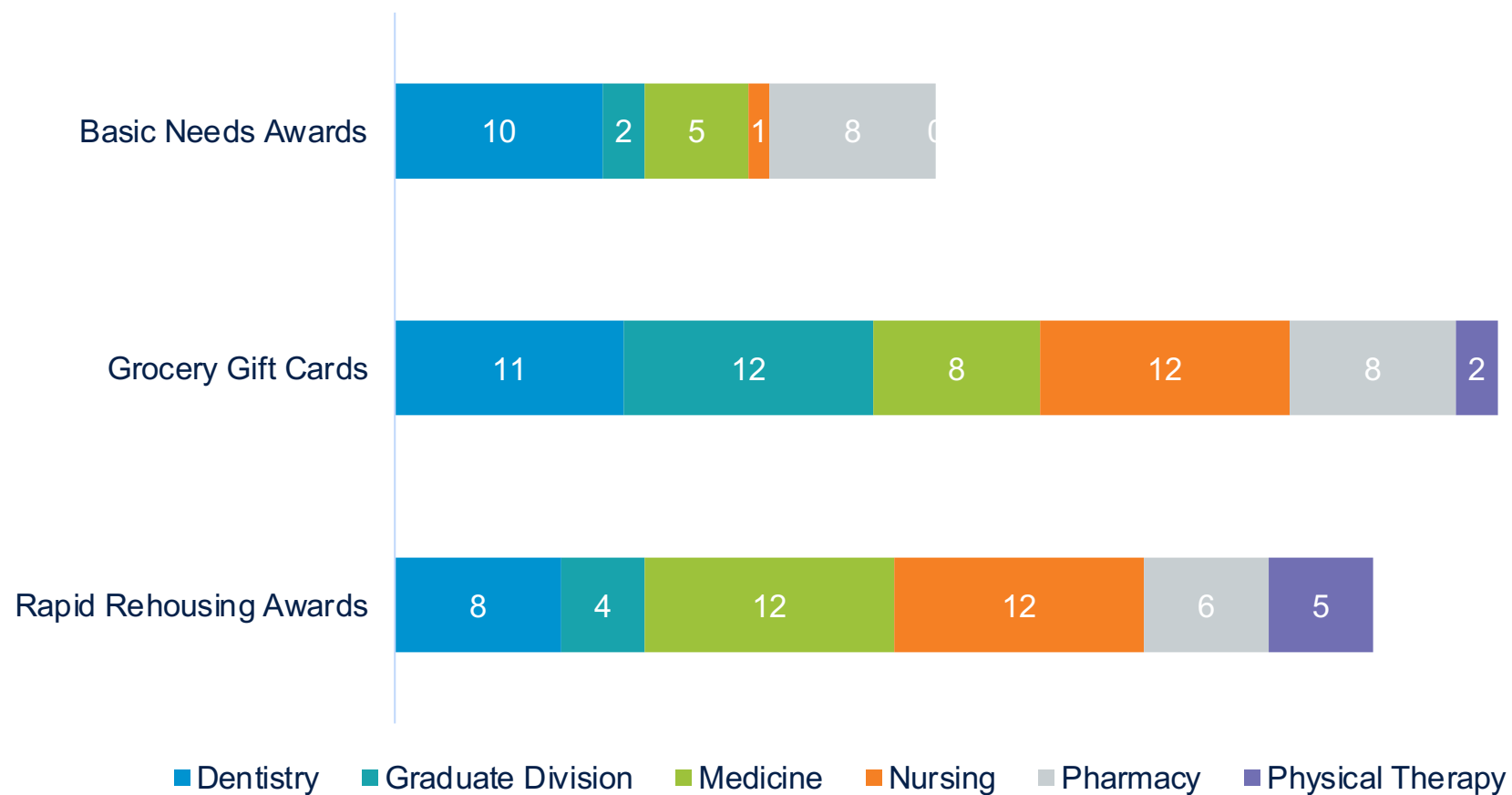
\$75,700  
\$200 to \$3,400  
53 students



## Rapid Rehousing Awards

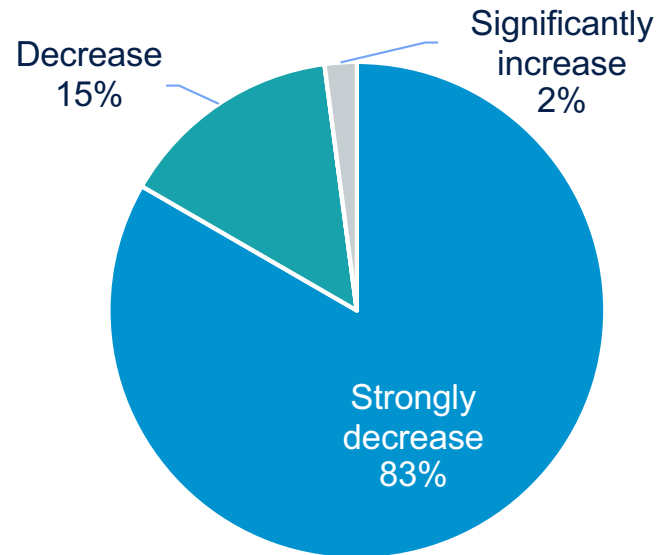
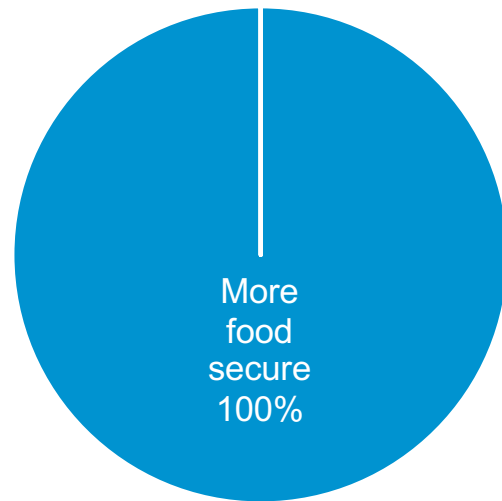
\$135,000  
\$1,248 to \$4,300  
47 students

# Student Awards



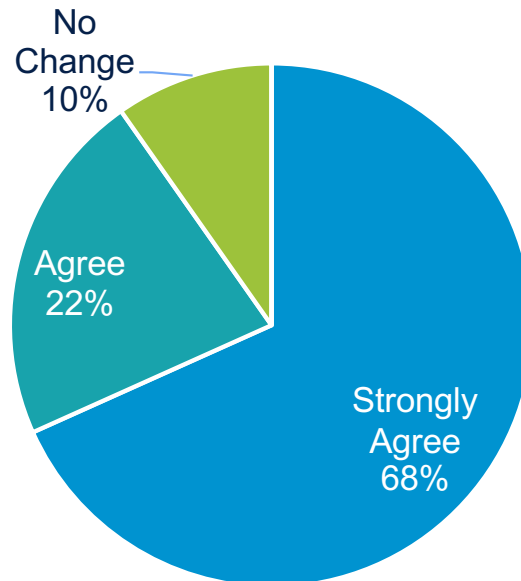
# Grocery Gift Cards Evaluations $n=42$

After utilizing the grocery gift cards, I feel:

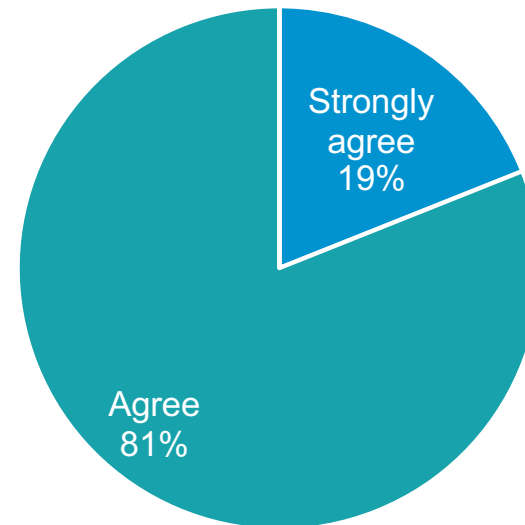


The grocery gift cards have caused my food security stress level to:

Since utilizing the grocery gift cards, I have been eating healthier.



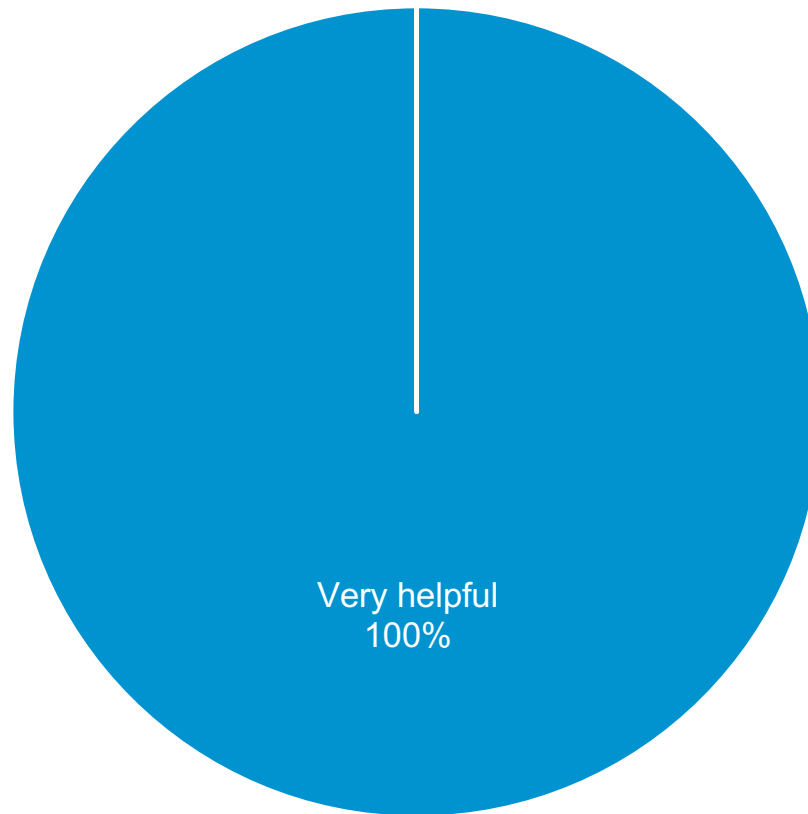
Since utilizing the grocery gift cards, I have had access to food when I needed it.





# Grocery Gift Cards Evaluations $n=42$

How helpful were the grocery gift cards to you in accessing food?



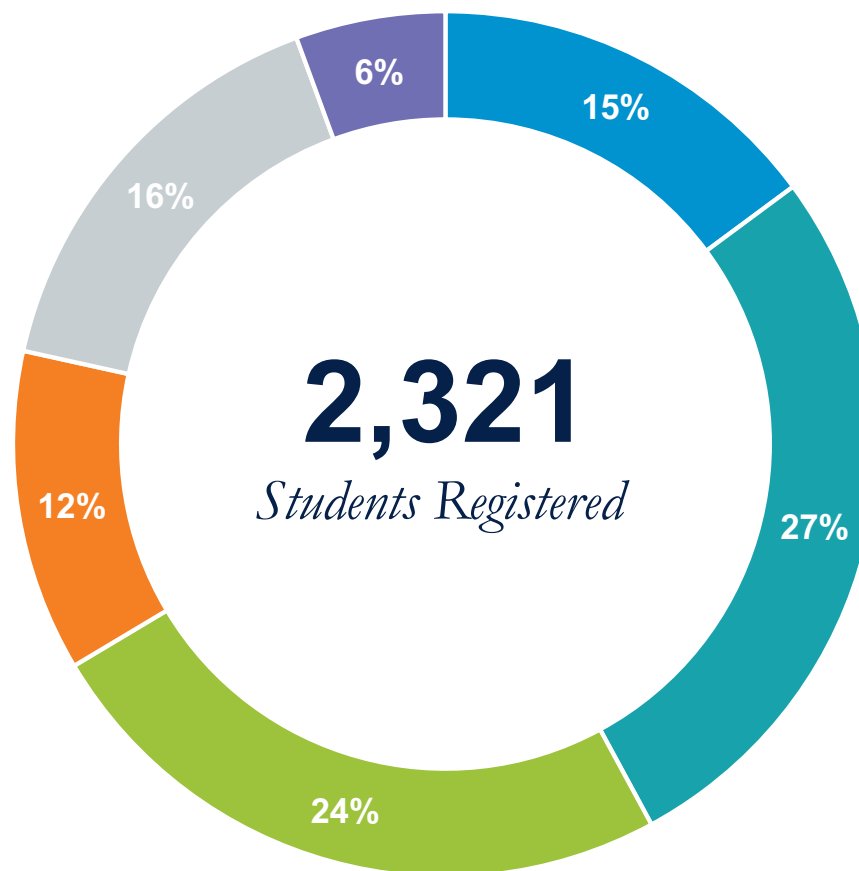


# Grocery Gift Card Evaluations

## *Areas of Strengths*

- This is an amazing program. Having access to this program helped me with my mental health. I could focus on my studies and not worry about having enough food for the month. Thank you so much!
- Thank you so much for offering this! The grocery gift cards have been a very big help for my kids and me.
- The gift cards have been specifically helpful during these difficult times. The gift cards help me afford fresh produce rather than relying only on cheap.
- These gift cards are really helpful because it makes grocery shopping easier and I stress less about having access to healthier food for my son and I. Thank you so much processed foods. They have also helped my mental health during these challenging times by helping me keep a healthy balanced diet.
- I think this program is amazing. Especially being a single mom to two school aged children being able to have a more forgiving food budget outside of my financial aid budget and not worry about what foods to provide my children for school/at home due to fear of cost and solely based on the health and nutritional needs has significantly improved my stress as a student as compared to my first year of medical school when I did not have this program. Thank you to everyone involved, it's truly made a difference.

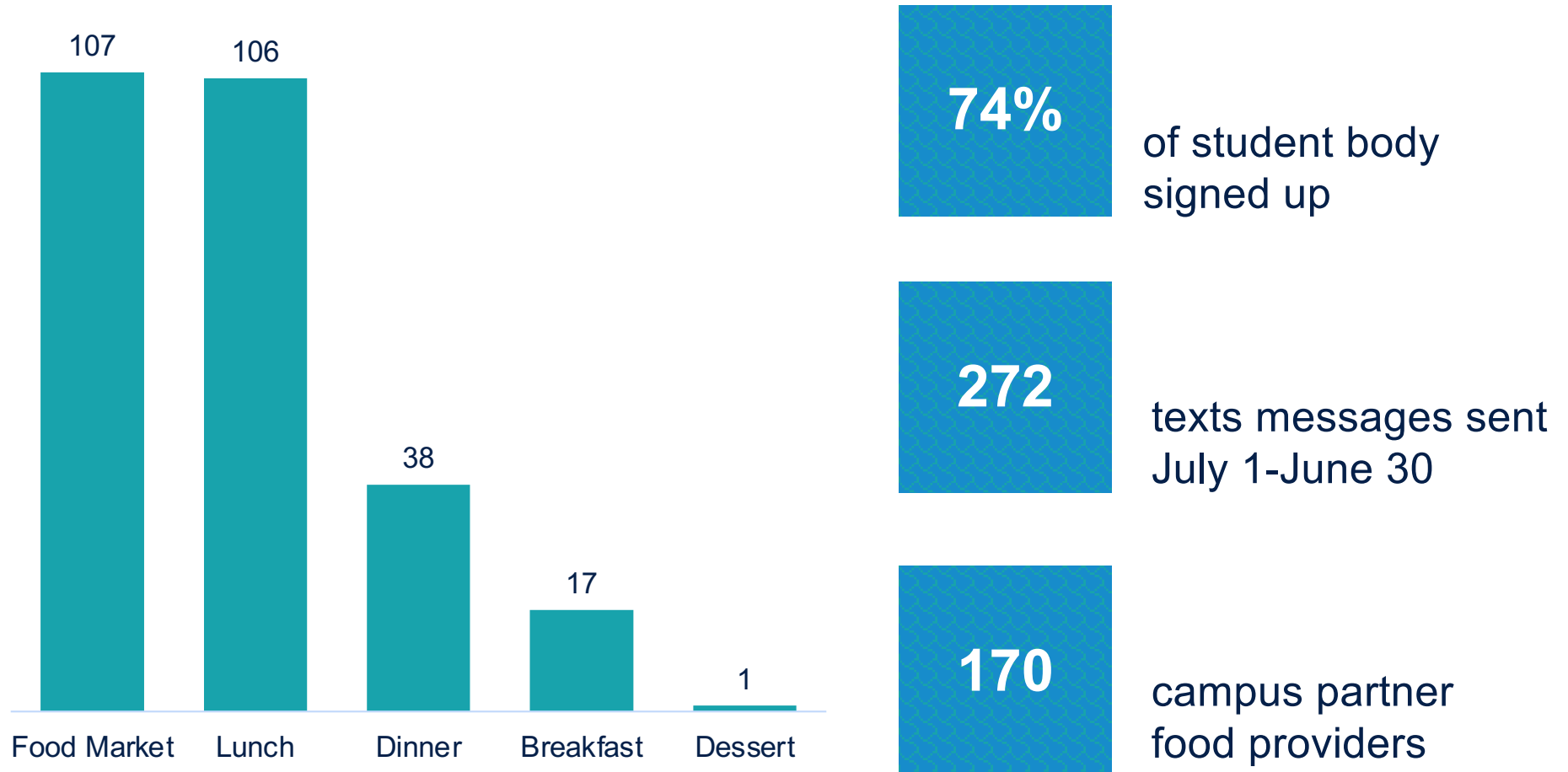
# Food4Students Text Message



■ Dentistry ■ Graduate Division ■ Medicine ■ Nursing ■ Pharmacy ■ Physical Therapy

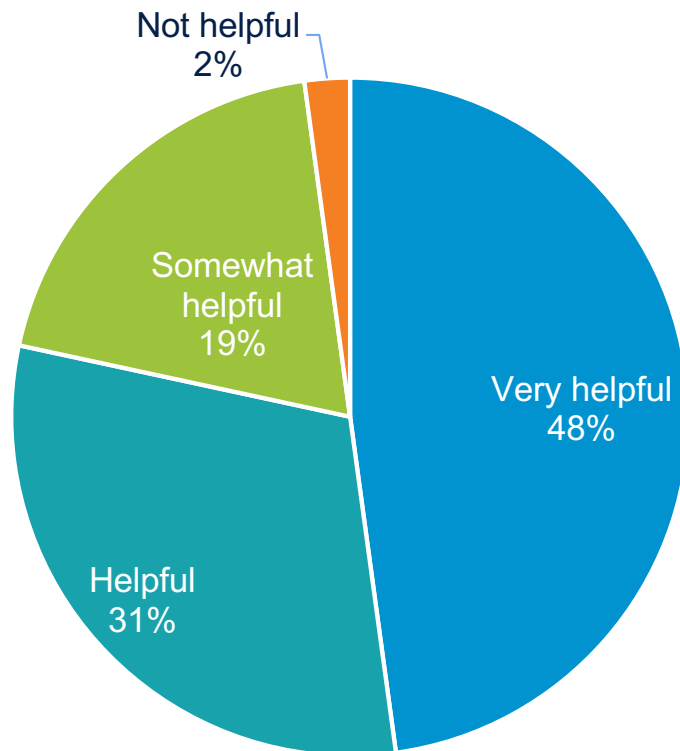
NOTE: Students registered for the Food4Students Text Message program **are NOT reflected** in the unique or total numbers served, Students who picked up food are not currently tracked.

# Food4Students Text Message

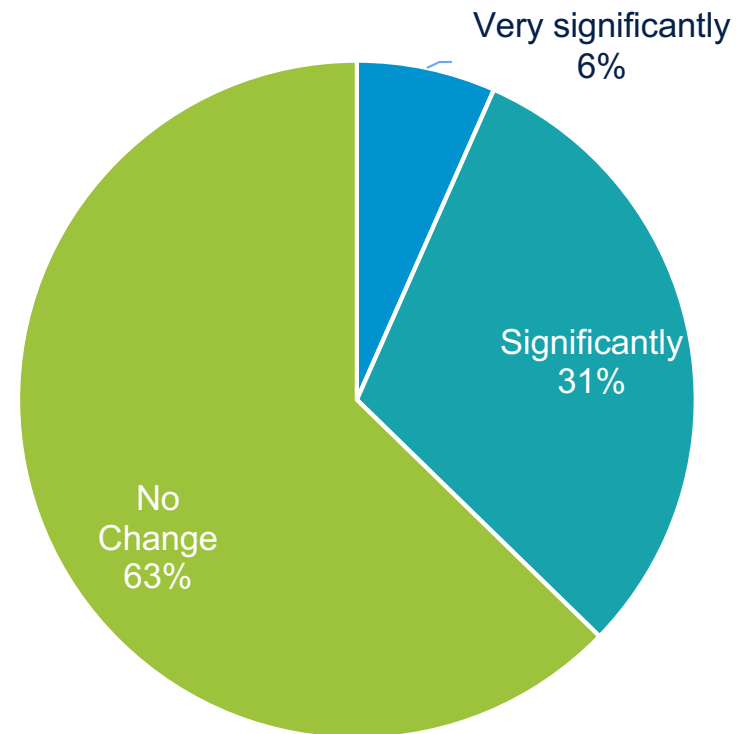


# Food4Students Text Message Evaluations $n=370$

I have found the Food4Students  
Text Message App to be:



The Food4Students Text Message App  
has reduced my stress level for food  
access.





# Food4Students Text Message Evaluations

## *Areas of Strengths*

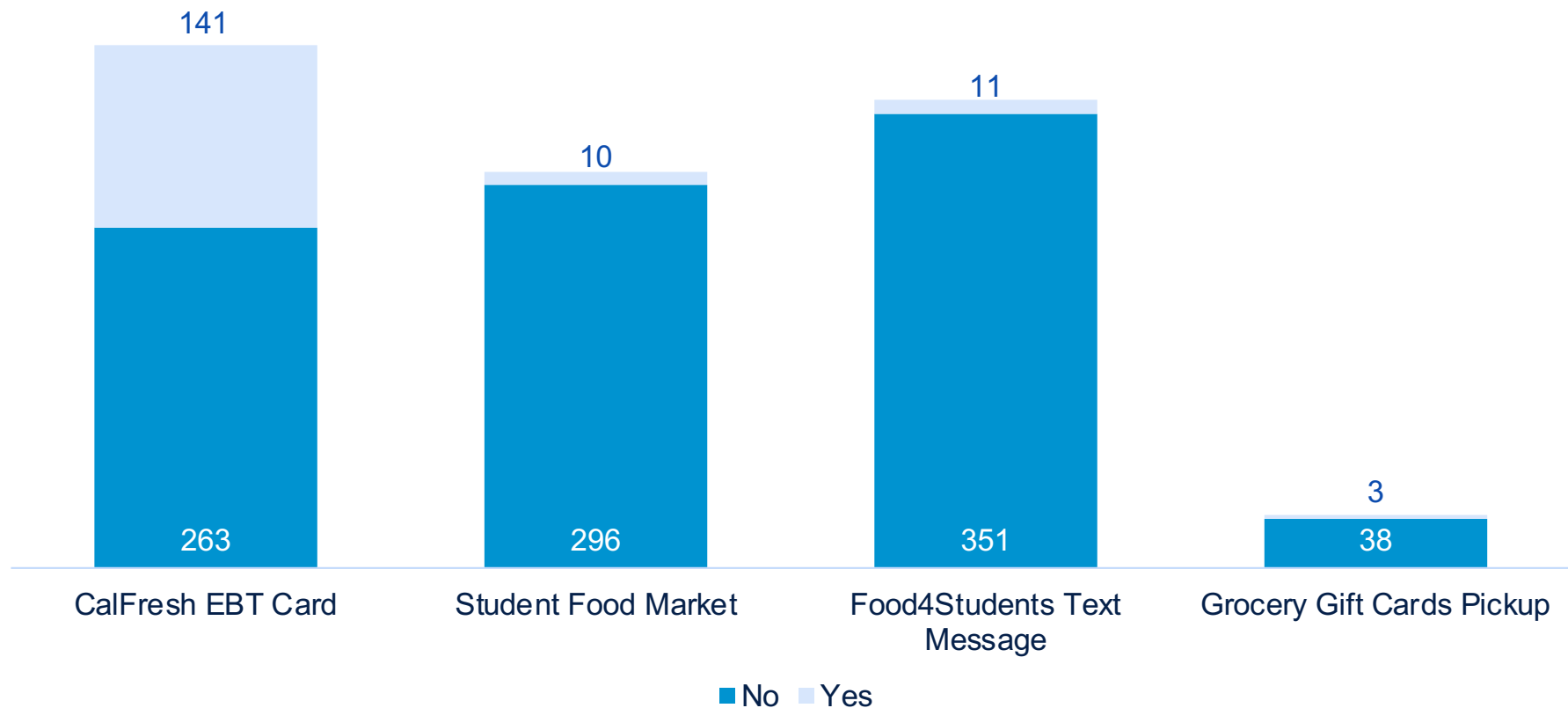
- Builds community - all my classmates are on it, so we will go over together. If people from the prior event are there, they're very receptive and friendly to students showing up. I appreciate that UCSF is mindful both of student food security and not wasting food.
- I get texts about healthy, quality food that is offered for upper leadership, not just unhealthy pizza that we can often access anyways. I also appreciate that they offer estimates of times that the food will be available so I can tell if it is worth it to try to rush over before the food is gone.
- It helps when I forget to bring lunch and then there is food still available. Best for quick study break in library.

## *Areas for Improvement*

- Sometimes the time window is very narrow, making it difficult to get to the location on time.
- It benefits everyone. Less food is wasted, and students get some extra food. The main reason it doesn't reduce my stress for food access is because I don't know when there will be food and often it's at a time when I'm not available to get it.
- Photos of food would be helpful to gauge how much is available.
- It seems like on the mission bay campus it's not used very much. I'm not sure the people holding events know about how to use it which may be why.

# Stigma

*Do students feel any stigma using the following programs?*



NOTE: Stigma data compiled from each individual program evaluation and displayed in a single chart.



# Stigma Feedback

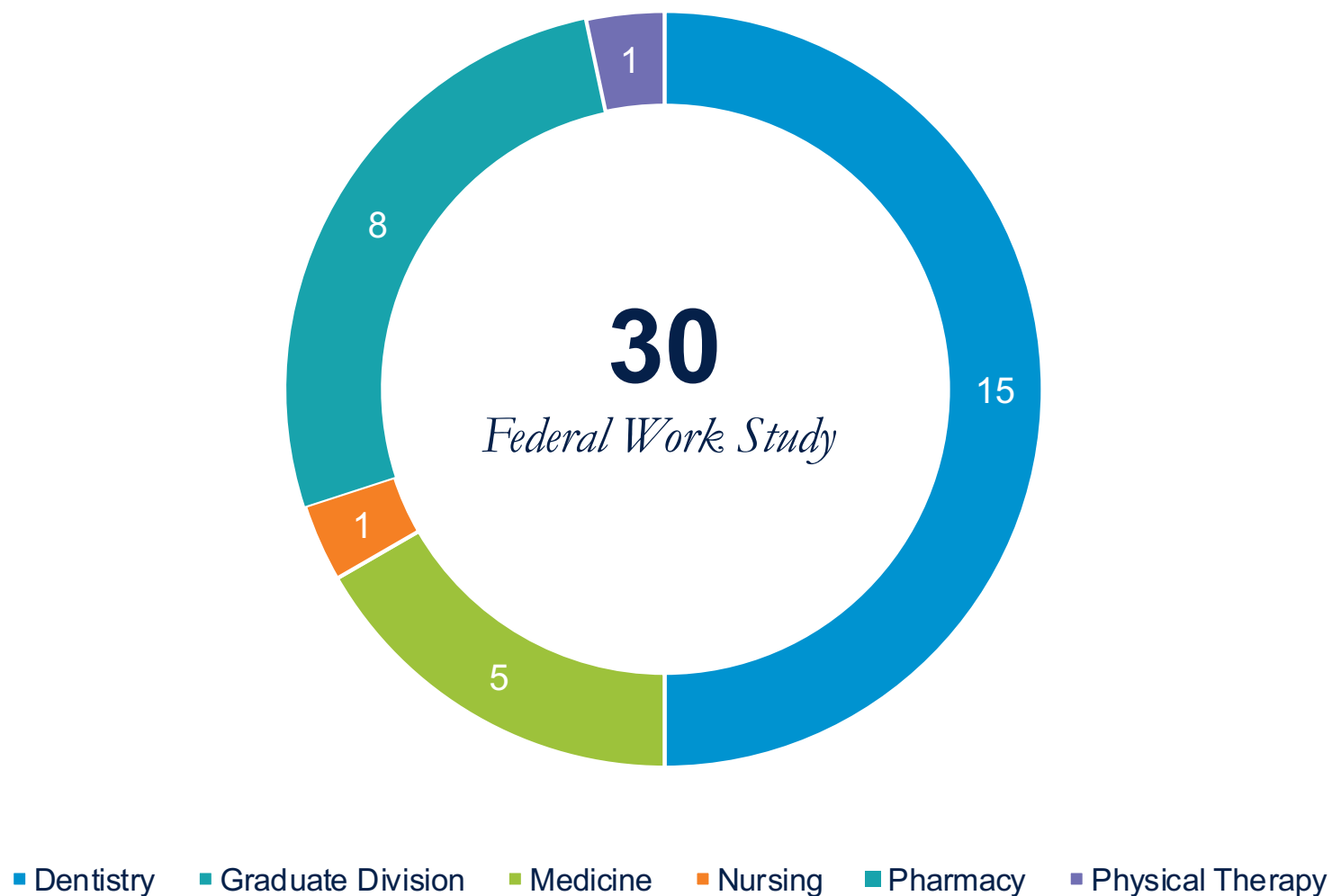
## *Areas for Improvements*

- It isn't anything that the staff or UCSF does, I personally feel that I would not want people outside of UCSF knowing that I don't have enough to pay for my own groceries.
- I do feel self-conscious when picking up the card even though I try to go when I feel like there won't be any body else. I have noticed that the stigma has decreased from the first few time I picked up the card to more recent. Since the shelter-in-place I've preferred the mailing of the cards and may request to have this form of delivery rather than in-person in the future.
- UCSF is already doing a great job, and among students, I don't feel stigmatized. However, sometimes in stores I feel awkward pulling it out. I think it would be helpful to talk to other students about this because I just don't know how the general public views people using EBT benefits.
- Sometimes I feel judged by the amount of food I take when there are limited portions. I want all students to benefit, but I also want to secure my meals.



# Student Workers

*Federal work study students dedicated to supporting Basic Needs & Food Security*



# Contact Information

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