Am I Eligible? CalFresh Eligibility Checklist

✓ Must be a US citizen or a legal permanent resident
✓ Student Requirements:

- Work at least 20 hours per week, on average, OR
- Are approved for state or federal work-study money and anticipate working during the term, OR
- Are a full-time student with a child under age 12, OR
- A part-time student with a child under age 6, OR
- A part-time student with a child age 6-11 without adequate child care, OR
- Are receiving CalWORKs, OR
- Are enrolled in CalFresh employment and training or another job training program accepted by CalFresh, OR
- Do not plan to register for the next school term.

✓ **Income Limits:** Monthly gross income (before deductions) must be the same or below the amount listed in the chart below for the household size:

<table>
<thead>
<tr>
<th>Family Size</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Income Limit</td>
<td>$2010</td>
<td>$2708</td>
<td>$3404</td>
<td>$4100</td>
<td>$4798</td>
<td>$5494</td>
<td>$6190</td>
<td>$6888</td>
<td>$7586</td>
<td>$8284</td>
</tr>
</tbody>
</table>
Documents required to apply

1. Proof of residence (lease, copy of bills)
2. Work Study Certification Letter
   *** (you may be asked to submit your work study pay stubs depending on the case worker that is assigned to you)
3. Class schedule

Apply today! Enrolling in CalFresh takes 3 steps!
If you don’t apply, you won’t know if you qualify.
Step 1: Create an Account at mybenefitscalwin.org (5 mins)
Step 2: Upload documents (10 mins)

1. **Income Verification**: Financial Award Letter & either work study verification document OR recent pay stubs (if you’re employed)

2. **Citizenship Verification** (passport, birth certificate, or green card)

3. **Student Verification** (e.g. class schedule)

➢ Be Sure to provide a good contact phone number & include the best time for a worker to call you to schedule an interview
Step 3: Phone Interview (10-20 mins)

Within 3 business days of applying online, you will receive a text message or a phone call to set up a phone OR in-person interview.

Phone interview sample Q’s from a student who was approved:

- Verify name, address, & SSN
- How much do you pay for rent & utilities? If utilities not included, how much do you pay for utilities?
- Which bank firm do you use?
- How much money do you have in your bank account? (If your checking/savings account(s) is $100 or less, you will receive benefits immediately)
- Do you receive any financial help from parents or outside source?
- Do you have any loans outside of school?
- Are you a full-time or part-time student?

*NOTE You may want to consider NOT providing your bank account statements if your account reflects large deposits from school loans/grants disbursements*
Step 4: Approval or Denial Letter sent via mail (3-30 days):

- How long will it take? The assigned worker have up to 30 days to either approve or deny your case (if you haven’t heard anything by 10-14 business days, give the HSA Medi-Cal office a call at 415-558-4700)

- You may be eligible to get benefits within 3 calendar days, if you meet one of the criteria:
  a) Your monthly gross income is less than $150 & your checking/savings account(s) is $100 or less
  b) Your household’s housing costs are more than your monthly gross income & cash on hand or in checking/savings account(s)

- If approved, you will receive **UP TO $194/month**. This amount varies depending on your income. If you’re in disagreement of your approved monthly benefits, contact your case worker.

- If your application is approved, you will also receive a **SAR 7 Eligibility Status Report** Form via mail (this will need to be completed usually within 3-5 business days to keep benefits active)
How to fill out your SAR 7 Eligibility Status Report

http://www.cdss.ca.gov/cdssweb/entres/forms/English/SAR7A.pdf
Where Can I Use My EBT Card?

• Can be used to purchase food at many San Francisco stores for **FOOD ONLY!**

• To find stores in your area that accept CalFresh benefits visit:

https://www.ebt.ca.gov/caebtclient/cashlocationSearch.recip;jsessionid=F7563C65311FD79AB54E767AE732011A
Use Your CalFresh Benefits to Enjoy the Tastiest Local Fruits and Vegetables

DOUBLE YOUR CALFRESH/EBT DOLLARS W/ MARKET MATCH!

HOW MARKET MATCH WORKS:

• Visit your PCFMA farmers' market Info Booth.
• Buy EBT Scrip with your Golden State Advantage EBT card.
• For every $1 dollar you purchase you will receive a free Market Match dollar worth $1 in fresh fruits and vegetables, up to
• $10 in free scrip per farmers' market visit.
• Shop for fresh fruits and vegetables, spending the tokens with farmers as you would spend cash.

To Locate a Participating Farmers’ Market in your area visit:
http://www.pcfma.org/visit/markets
Office Locations/Contacts

**Alameda County**
P: 510-891-0700  (REALLY DIFFICULT to speak to someone over the phone at this office, phone lines are always busy)
Address: 2000 San Pablo Ave

**San Francisco County:**
P: 415-558-4700: **Press 1 for English, 2 for Spanish; Press 1 for info on how to apply, 2 if you have existing case; Press 2 to speak to someone** (can take up to 10 minutes to speak to a person)
Address: 1235 Mission Street 8a-5p weekdays.
(BEST to arrive prior to opening)

**San Mateo County:**
HAS Administrative Office – Belmont, Northern Region Office – Daly City, Northern Region Office– South City, Central Region Office – Belmont, Central Region VRS Services Connect – San Carlos, CA, Southern Region Office – Redwood City, & Southern Region Office – East Palo Alto, CA.  (https://hsa.smcgov.org/hsa-locations)

Email: foods@sfgov.com (ONLY USE EMAIL TO SEND IN DOCUMENTS IF YOU HAVE A CASE NUMBER. INCLUDE your CASE NUMBER in subject of email)

*If applying in-person, process can take up to 2-3 hours.*